



# Perry County Health Department

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Working to Keep You Healthy  
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## Store It, Don't Ignore It!

Do you ever wonder how long you can keep foods in your refrigerator or freezer before they spoil? This chart below will help you make that determination for some common foods you may have at home.

Here's some food storage information adapted from materials provided by the USDA Food Safety and Inspection Service and the FDA Center for Food Safety and Applied Nutrition.

<b>REFRIGERATOR &amp; FREEZER STORAGE CHART</b>		
<small>Adapted from the USDA Food Safety and Inspection Service and the FDA Center for Food Safety and Applied Nutrition at <a href="http://www.foodsafety.gov/~fsq/f01chart.html">www.foodsafety.gov/~fsq/f01chart.html</a></small>	<b>REFRIGERATOR (40° F / 4° C)</b>	<b>FREEZER (0° F / -18° C)</b>
<b>PRODUCT</b>	These short but safe time limits will help keep refrigerated food from spoiling or becoming dangerous.	Because freezing keeps food safe indefinitely, the following recommended storage times are for quality only.
<b>Eggs</b>		
Fresh, in shell	3 to 5 weeks	Don't freeze
Hard-cooked	1 week	Don't freeze well
<b>Mayonnaise</b>		
Commercial — refrigerate after opening	2 months	Doesn't freeze
<b>Hot Dogs &amp; Luncheon Meats</b>		
Hot dogs, opened package	1 week	1 to 2 months
Luncheon meats, opened package	3 to 5 days	1 to 2 months
<b>Bacon &amp; Sausage</b>		
Bacon	7 days	1 month
Sausage, raw from chicken, turkey, pork, beef	1 to 2 days	1 to 2 months
<b>Ham</b>		
Ham, fully cooked, whole	7 days	1 to 2 months
Ham, fully cooked, half	3 to 5 days	1 to 2 months
Ham, fully cooked, slices	3 to 4 days	1 to 2 months
<b>Hamburger, Ground &amp; Stew Meat</b>		
Hamburger & stew meat	1 to 2 days	3 to 4 months
Ground turkey, veal, pork, lamb & mixtures of them	1 to 2 days	3 to 4 months

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Chart courtesy of:


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